

CHIEF MURPHY RETIRES WITH 35 YEARS' SERVICE

By Major Ray Fleischer

Chief Master Sgt. Bill Murphy retired on 10 January 1993 after serving 35 years with the Virginia Air National Guard. He began his career with the Air National Guard in 1959 as a Crew Chief on the F-84 aircraft. In 1961, he became a full time Technician. In 1967, he transferred to the Aerospace Ground Equipment shop in Field Maintenance as a supervisor. In 1981, he was promoted to Superintendent of Field Maintenance.

Some of the highlights during his career include deployments to Alaska, Bermuda, England, Greece, Spain, Puerto Rico along with state side deployments in support of the unit's missions. One deployment that stands out for the unit was his deployment to Spangdahlem, Germany during the unit's aircraft conversion from the A-7 to the F-16. His vast experience as a supervisor in aircraft

See CHIEF on p. 6



Chief Murphy

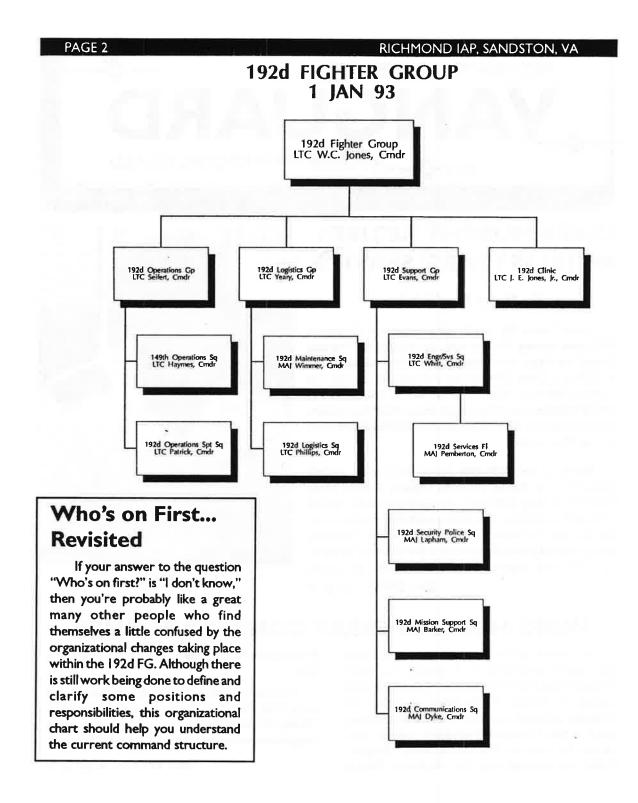
VANG HONORS ESSAY CONTEST WINNER

A member of the Virginia Air National Guard was recently honored by the Freedoms Foundation at Valley Forge, Pennsylvania. Senior Master Sergeant Charlie W. Udriet, III, Va ANG recruiting and retention program manager, submitted a winning entry in the Freedoms Foundation annual essay contest. For his essay "The Price of Liberty", Sergeant Udriet was awarded with the distinctive George

Washington Honor Medal and a \$50 U.S. Savings Bond.

Each year, Freedoms Foundation at Valley Forge along with the Pennsylvania Department of the Military Order of Purple Heart, sponsors an essay category in the National Awards Program for service

See WINNER on p. 5



COMMANDER'S CALL

Lieutenant Colonel Bill Jones, 192d Fighter Group Commander

THE NEXT MILESTONE If you remember the Commander's Call from last June, I stated that we were completing F-16 conversion training and that we were sufficiently trained and equipped to support our wartime tasking. I further stated that our next goal was to "become FULLY trained and equipped by the end of 1992." 1992 is history and the time since last summer has passed quickly. (I predicted that it would!) Although I feel confident that we have reached our goal of being fully trained, there is always room for improvement; new challenges; new goals.

You are all aware (or should be) of the fiscal "challenges" facing us. I have seen many ideas expressed and implemented on how to save money. Everyone seems to recognize the need to "pinch pennies" while maintaining the highest levels of readiness. I continue to be impressed with the resilience, dedication and ingenuity of unit members to get the job done when resources are limited. You all deserve credit for contributing to the success of OUR unit.

During the January UTA, I presented the staff with "192d FIGHTER GROUP GOALS FOR 1993". The challenge for commanders is to expand on these goals base wide. The challenge for each of you is to set your own goals and be a part of the action. I'm betting that we will continue to meet new milestones. I am proud to be a part of **OUR** team!

192d Fighter Group Goals for 1993

Readiness:

- 1. Maintain highest practical "C" rating.
- 2. Building block approach to "new" training.
- 3. Quality continuation training.

Opportunity:

- I. Absolute equal treatment and opportunity:
- a. For entry into the Air National Guard (ANG).
- b. For career development and progression.
- c. For advice and counseling.
- 2. Individual responsibility:
 - a. To plan a productive and rewarding career.
 - b. To guarantee quality performance.

Safety:

- 1. Maintain a zero class A mishap rate.
- 2. Provide a safe working environment for all employees.

Community:

- I. Increase public awareness of the ANG.
- 2. Encourage public support of the ANG.
- 3. Unit involvement in community programs.
- 4. Insure protection of the environment.

Employer Support:

- 1. Create a "full partner" relationship with employers.
- 2. Encourage unit members to recognize employers.

Family Support:

- 1. Support family program activities.
- 2. Encourage family support of unit activities.

Teamwork: Insure entire unit works as a quality team.

CAREER CORNER

By Master Sgt. Bobby Lamb

MONTGOMERY GI BILL (EXPANDED VERSION). The Montgomery GI Bill (Chapter 106) is an entitlement available to members of the Selective Reserve. It provides financial assistance to students pursuing further education through a variety of programs; vocational/technical school, flight training, or a baccalaureate degree.

All officers now have the potential for benefits if the eligibility requirements are met. Benefits are determined by the Department of Veterans Affairs (DVA) and they make the final determination as to a members eligibility. The new programs that were created through the expanded version of the MGIB are as follows:

FLIGHT TRAINING PROGRAM: The benefit period for flight training runs for four years, beginning I Oct 90 and ending 30 Sep 94. This program must be used in pursuit of a vocational objective (commercial pilot) in the field of aviation. Members must possess a private pilot license and meet the medical requirements for a commercial license prior to beginning training.

VOCATIONAL/TECHNICAL PROGRAMS: Payment for this program is the same as the bachelor's degree program, based on semester hours.

OJT AND APPRENTICESHIP TRAINING: Members receive \$128.00 (75% of full time entitlement) for the first six months; 55% for the next six months; and 35% for the duration of the program.

CORRESPONDENCE COURSES: Members are paid 55% of the established fee for lessons completed.

INDEPENDENT STUDY: These courses are offered from accredited institutions without any regularly scheduled classroom sessions.

3d Annual African-American Guardsmen's Banquet/Activities

The African-American banquet will be held at 6 p.m. on 20 Feb 93 at Fanny's Restaurant, Holiday Inn, I-64 at 653 I W. Broad St., Richmond. There will be a banquet committee meeting on Saturday 6 Feb 93 at 1:30 p.m.. Tickets for the banquet (\$25.00) must be purchased NLT 7 Feb 93. Choir rehearsal for all personnel wanting to participate in Sunday services will be at 5:30 p.m. on Saturday in the base chapel. Church services will be held at Club 149, 7 Feb 93, 8 a.m..

COOPERATIVE PROGRAMS: Cooperative programs are usually full-time programs of education which may or may not lead to a degree. These classes consist of alternating phases of school instruction and training in business/industrial settings.

REMEDIAL/DEFICIENCY/REFRESHER COURSES: When the member has demonstrated deficiency in the past or has a need to retake courses due to changes in highly technical fields, this program is used. A course may be retaken for pay up to three times; the college determines the need for course(s).

members of the Selected Reserve must commit to six years of service through an enlistment, reenlistment, or extension after 1 October 1990. Officers must agree to serve for six years in addition to any other ANG service obligation. Other eligibility requirements exist. Contact your unit career advisor for information.

MONTGOMERY GI BILL BENEFIT PERIOD: These benefits are good for a 10 year period which begins on the date of the first six year enlistment/reenlistment after 30 June 1985. It is good for 36 full time school months, prorated if attending less than full time, and is good as long as you belong to an active guard or reserve unit. When any one of these items cease to exist, the benefit is gone forever.

To Your Good Health

By Lt. Col Joan Brumfield, 192d FG Health & Wellness Officer

Mammograms Don't Tell All: Manual Exam Needed, Too

From an article by Evelyn D. Harris American Forces Information Service

Early detection of breast cancer can save women's lives and breasts, but the mammogram, a popular test these days, isn't foolproof. The mammogram, a special kind of X-ray, doesn't pick up some lumps that can be felt with the hand, and that's why women should have a doctor or nurse practitioner perform an annual manual breast exam.

Dr. Robert Smith of the Atlanta-based Centers for Disease Control said the manual exam should be done before the mammogram. That way the doctor can tip off the radiologist to look for the lump. Breast cancer patients have a good chance of being cured if their cancer is diagnosed early. Women diagnosed when their cancer is limited to a lump and has not

spread to the lymph glands have a 95 percent chance of living five years or more.

Consensus guidelines recommended by the Centers for Disease Control, National Cancer Society and the American College of Obstetricians and Gynecologists recommend mammograms along with physicians' exams. But a recent nationwide survey of doctors found that only 37 percent followed these guidelines.

The incidence of breast cancer is growing. Today, health officials say, one out of nine women will develop breast cancer during her lifetime. Several years ago the odds were one in 10. A family history of breast cancer increases a woman's risk. A fatty diet is believed to increase the risk as well. The American Cancer Society recommends that women get a baseline mammogram between the ages of 35 and 40, screening mammograms every two years after 40 and annual mammogram after the age 50.

Supply Lines

Effective immediately, the following procedures will apply regarding the issue of clothing items: I. All items will be issued on a one-for-one basis, serviceable for unserviceable. This includes organizational equipment, individual equipment, and items previously issued over-the-counter. There will be no exceptions. 2. The steel-toed safety boot will be issued in lieu of the soft-toed combat boots for all personnel. The softtoed combat boots may be worn until they are unserviceable. 3. Personnel placed on the weight program will not be issued clothing of any type until they are removed from the program.

WINNER from p. I

members on active duty, Guard, Reserve, and Reserve Officer Training Corps components to encourage them to think about and to speak up for freedom. Sergeant Udriet entered the 1992 essay contest at his wife's urging. Udriet recalls Joyce saying, "You're always writing little stories, why don't you enter this contest. I know you could win."

He was caught off-guard when he was presented the George Washington Honor Medal during a recent awards ceremony. "I was totally shocked....The medal is great, and I was really impressed when I read the list of judges for the competition (including State Supreme Court Justices; and executive officers of patriotic, civic, veterans, and service organizations). The savings bond is going toward my son's college education."

Information about this year's contest is on page 7. If you send a copy of your entry to 192d PA, it will be published in the VANGUARD.

Nov. & Dec. 1992 Accessions

SSG Catherine Hotmar	192d MSS
SRA Deborah J. Banks	192d Clinic
SSG Karen Jeffreys	192d Clinic
SRA John T. Meade	192d Clinic
AIC Willie W. Moses III	192d Clinic
SRA Cheryl S. Woodring	192d Clinic
AB Richard B. Woolard	192d CES
SGT Karen Long	192d RMS
AIC Courtna Roberts	192d RMS
AMN Patrick M. Cornish	192d CAMS
AIC Tyrone R. Harps	192d CAMS
SSG Steven W. Jenkins	192d CAMS
AIC Patrick M. McCreary J	r 192d CAMS
AB David L. Mozee	192d CAMS
SRA DeAnna Navarini	192d CAMS
SSG Dennis M. Potter	192d CAMS
SRA Cynthia Stewart	192d CAMS
SRA Dena B. Woolfolk	192d CAMS
SSG Kelly L. Young	192d CAMS
SGT Bernd Bartelt	203rd RHCEF
SRA Lance A. Daniels	203rd RHCEF
SRA Elrae J. Epps Jr	203rd RHCEF
SRA Susan M. Macior	203rd RHCEF
SRA James L. Peeples	203rd RHCEF
SRA Michael L. Smith	203rd RHCEF
SGT Julie A. Thompson	203rd RHCEF

Nov. & Dec. 1992 Promotions

TO SMSGT: TO SSGT: Robert K. Newton 203rd RHCEF (Continued)

TO MSGT:	
Karol A. Crane	192d MSS
Stuart J. Wernyss	HQ V ₂ ANG
Forrest Wilson Jr.	192d MSF
TO TECT.	

10 1301.	
Melissa L. Caswell	192D Clinic
Deborah S. Elam	192d CES
Russell S. Lowe	203rd RHCEF
Ronald L. McCarty	203rd RHCEF
Walter R. White	203rd RHCEF
Adrian N. Taylor	192d RMS
William G. White	192d CAMS

10 3301:	
Ronald D. Agee	192d CAMS
Nathan A. Clark	192d CAMS
Angus A. Gardner	192d CAMS
Michael E. Rauch	192d CAMS
William M. Benson	203rd RHCEE

Dean T. Cherer	203rd RHCEF
Darryl W. Riddle	
Mark W. Widener	203rd RHCEF
Lisa A. Wyatt	203rd RHCEF
Nancy A. Childs	192d RMS
Lisa D. Harris	192d RMS
Cynthia L. Fashing	200th WF
John E. Nunnally	192d SPF
Shirley L. Zeller	192d Clinic

TO SRA:	
John P. Cary	192d CAMS
John W. Lewis	192d CAMS
John M. Powers	192d CAMS
Derek R. Kahn	192d RMS
Kimberly D. Rudd	192d RMS

TO AIC:	
Bruce F. Pace	192d CAMS
Gregory R. Wilson	192d Clinic

CHIEF from p. I

maintenance helped the unit achieve the smoothest aircraft conversion the Air National Guard has seen to date.

Chief Murphy received an Air Force Commendation medal for his civic activities and for working with children at the Children's Hospital. He was always concerned for the welfare and morale of the unit and the people who worked for him. Also, no one was more proud of this unit than Chief Murphy, and he took pride in its beautification. A good example is the U. S. and Virginia State flags displayed in the hanger. Another example is the flag pole and flower beds in front of the hanger. Other

on-base locations followed Chief Murphy's initiatives.

November & December 1992 Retirements
TSGT Roy B. Hailey, 1924 RMS
SSG John J. McDonald III, 1924 SVC

Chief Murphy is a member of the Air National Guard Golf Association and in leaving the unit has a once-in-a-life time chance to go to a PGA pro golf school and become a pro or just work with the game. When he has free time from his golf activities, we're sure his wife Valeria will have a "honey do" list made up for him everyday.

The workers in the Organizational Maintenance Branch and everyone in the unit wish him the best of luck in his retirement and new career. We will all miss Chief Murphy's hard work, dedication, and contributions to the unit.

1993 MILITARY ESSAY CONTEST: "The Military Today"

This year's theme for the Freedoms Foundation military essay contest is "The Military Today." Unit member Senior Master Sergeant Charlie W. Udriet, III was a winner in last year's contest (see story on page I), which is open to service members on active duty, Guard, Reserve, and Reserve Officer Training Corps components. Submit typed essays (individual efforts) between 100 and 500 words. Include your

name, rank, service designation, social security number, military address, permanent home address, and your commanding officer's name, rank, and address. All entries must be postmarked by May I, 1993. Send to: The Awards Department, Freedoms Foundation, Route 23, Valley Forge, PA 19481. Winners receive the George Washington Honor Medal and a U.S. Savings Bond.

VIRGINIA AIR NATIONAL GUARD Headquarters, 192d Fighter Group Richmond International Airport, Sandston, Virginia 23150-6109

Special Order M-5-Va

24 Jan 92

I. UP Sec 502, Title 32, USC Sec 206, Title 37, USC, ANGR 50-01 and 192TFGR 50-01. All members of the 192d Fighter Group are hereby ordered to attend all unit training assemblies shown on this training schedule unless attending a split UTA (SUTA), or rescheduled UTA (RUTA) at Richmond IAP, Sandston, VA 23150.

UTAS:

06 Feb 93 Flying & OJT in sections

DEPLOYMENTS: Annual Field Training 10-24 Jul 93

07 Feb 93 Flying & OJT in sections

SCHEDULED UTAS: 20 & 21 Mar 93

24 & 25 Apr 93

15 & 16 May 93

12 & 13 jun 93

7 & 8 Aug 93

21 & 22 Aug 93

18 & 19 Sep 93

2 & 3 Oct 93

6 & 7 Nov 93

4 & 5 Dec 93

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- 2. AM assemblies will be 0800-1200 (Sat) 0700-1100 (Sun) and PM assemblies will be 1300-1700 (Sat) 1200-1600 (Sun), with the following exceptions: Assembly for one flight of Food Services Personnel: AM 0630-1030 (Sat) 0530-0930 (Sun), PM 1100-1530 (Sat) 1000-1430 (Sun). Additional duty hours to cover special work requirements such as pre-flight, post-flight, etc. will be scheduled by each unit as required. Each UTA will be no less than four hours duration excluding lunch periods.
 - 3. Uniform will be lightweight blues or BDUs, as directed.
- 4. Commanders may utilize RUTAs to achieve training objectives using maximum availability of equipment and full-time personnel resources that cannot be achieved during UTAs and SUTAs. A RUTA must be requested, approved and documented in advance of the missed period.
- 5. Equivalent Training (EQT) may be authorized by commanders for personal attendance problems if requested in advance. EQT with pay must be performed within 30 days of the missed UTA and within the same fiscal year. EQT without pay (retirement points only) may be authorized when the individual is unable to make an EQT in pay status.

FOR THE COMMANDER
Tatti
PATTIL SMITH, MSgr, V2ANG

Chief, Customer Support

DIST 'A' Plus 1 Ea: ACC/ADUBO; Chief, ACC/CRFG; 9th AF/CRFG, CV & IC; NGB/XOS & TE; 1913th ISG/CC (AFCC); 1 FW/DO; 1 FW/LGSPC; 113th FW/SC; 1 CGS/DPMD; HDQ/TCD/RF, Langley AFB, VA 23665-6343.

VANGUARD

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MENU - FEBRUARY UTA

Sat.:

Hot Buffet-Beef Stew Sun.:

Noodles, Chicken Ala King

Fried Chicken **BBQ Spare Ribs** Mashed Potatoes

Hot Soup **Green Peas** Sliced Beef

Fried Rice **Buttered Green Beans**

Both Days: salad bar, assorted dressings, assorted bread with butter, dessert, koolaid and coffee.

Church Services: Catholic Mass, Sat. 9:30 a.m.; General Protestant, Sun. 8:00 a.m.

Hours for D Street Gate: Sat. 0715-0800 and 1645-1715; Sun. 0615-0700 and 1545-1615, drill weekends.

UNTIL FURTHER NOTICE: All sections in the accounting and finance office will be closed daily from 0645-1200; also, the office is closed 0700-0930 both UTA days for inhouse training.

ALL OFFICERS: The deadline for turning in money collected for the National Guard Museum tickets is 1200. Sunday, 7 Feb 93. POC is Capt. Woody, ext. 6592.

Retirees' Association: The VaANG Retirees' Association meets every second Thursday of each month (except December), at 7 p.m. in Club 149. Contact SMSgt. Bob Walton, Ext. 6541 for more information.

Notice: The Retiree's Association is planning a special program for its February 1993 meeting - "Successful Money Management Seminar," by Planning Associates, Inc. This is an opportunity to learn more about financial planning during retirement and pre-retirement. For more information, about this special program, contact SMSgt. Bob Walton, Ext. 6541.

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